Password Policy

The password must:

- Be at least 8 characters long, but not more than 20 (longer is better)
- Contain characters from at least three of the following four categories:
    - English uppercase characters (A through Z)
    - English lowercase characters (a through z)
    - Base 10 digits (0 through 9)
    - Special characters (for example, !, $, #, %)
- Not contain the user's account name or parts of the user's full name that exceed two consecutive characters.
- You cannot use any of your three previous passwords.

You can use a phrase so that it will be easier to remember, but don't use a common one like, "4 Score and 7 years ago."

You can use spaces, but spaces don't count as a special character.

If you aren't very creative in choosing a password, this link might help:

https://www.diceware.net/

Our password policy dictates that passwords expire every 180 days.