

SPEED #802 PRESENTS

Parents Academy Workshops



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Workshops will be led by Parenting Coach, **Lavelle Smith Hall.**

Lavelle is a mom of two and a Personal Growth Consultant who works directly with parents to help emotionally and mentally empower them along their parenting journey.



WHAT IS YOUR MOM (DAD) STORY?

This workshop will focus on your "mom or dad story". How to identify your story and share your parenthood journey.



WHAT TYPE OF (TV) PARENT ARE YOU?

Learn your parenting style and strengths through fun TV parent comparison and dialogue and discussion with other parent types.



These are just a few of the upcoming Parent Academy Workshops. Food and beverages will be provided. Dates, times and location to be determined.



Lavelle Smith Hall
Personal Growth Consultant, Parenting Coach
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The SPEED #802 Family is excited to bring our parents together.

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